

Dear All:

I'm posting this thread to ask for advice about Helicobacter pylori (<http://www.healthline.com/health/helicobacter-pylori>) (often called just H.pylori). It's a notoriously stubborn bacterial infection that can be VERY hard to get rid of, even with strong antibiotics.

This isn't for me: it's for a longstanding forum member who's a close friend and who prefers to remain private. The H.pylori is defying antibiotics, and my friend is really suffering. It's been acute for over 6 months and may have been in there for years. The stomach lining is now continually bleeding, and there's a great deal of weakness and discomfort.

Has anyone had success eliminating this with alternative remedies or non-conventional treatment?

Olaf

13th May 2016, 13:48

One of the main reasons for an infection with Helicobacter pylori probably is a deficiency in vitamin C.

It is has been shown, that the gastric fluid normally contains much more vitamin C than blood. In other words: vitamin C is actively pumped into the stomach.

Because vitamin C is one of the most important antioxidants in the human body, it is destroyed by ROS (reactive oxygene species) or RNS (reactive nitrogene species = nitrosative stress). As a result the body tries to get the needed vitamin C from the places that have the biggest amounts of it: stomach, eyes and adrenal glands. (Which is causing a lot of problems in these organs.)

Why is vitamin C deficiency connected with Helicobacter?

1. The stomach needs vitamin C to protect its mucosa against hydrochloric acid.
2. Helicobacter is protecting himself against hydrochloric acid with an encyme, called urease. Vitamin C cracks that encyme, so that helicobacter cannot protect himself anymore against the acid.

Preferred dosis (Dr. Kuklinski, Germany)

Vitamin C as Mg- or Ca-ascorbat, 2g a day , 1-0-1, 4 weeks

In that case you should not use vitamin C as ascorbic acid, because the stomach already has problems to deal with too much acid, when vitamin C is missing.

Other methods

3x daily 15 drops of grapefruit seed extract kills Helicobakter Pylori in 14 days (Sarfatti, Dipartimento die Scienze Abientali, 2008)

Hervé

13th May 2016, 14:30

To help with the overall condition, here is a very old, but very good, no-nonsense book - if one can get one's hands on it - from the beginning of last century when Rockefeller's AMA wasn't yet fully consolidated:

"Health via Food" by William H. Hay (https://en.wikipedia.org/wiki/William_Howard_Hay).

PDF of "Health via Food" here: <http://soilandhealth.org/wp-content/uploads/02/0201hyglibcat/020165.hay.pdf>

Eram

13th May 2016, 14:37

If the infection can indeed be cured with vitamin C (or ascorbat to avoid the acidity), then I would say that 2 grams is a very low dose.

I've been part of the liposomal vitamin C community for some time now and there are people who take up to 25 grams vitamin c per day (spread over the day).

Also, liposomal vitamin c is recommended over normal vitamin c, because it has a far higher rate of being effective (up to 10 times).

You can buy liposomal vitamin c, but you can also make it yourself.

There are just a few tools that you need, such as a blender and a ultrasonic cleaner.

Here is an easy learning youtube on how to make it yourself:

1cBp879mfgl

and here is a website with a superior method of making liposomal vitamin C.

Results are said to be just as good as the professional ones like livonlabs.

<http://qualityliposomalc.com/>

PurpleLama

13th May 2016, 14:57

Good advice so far, and I would add the suggestion of using castor oil packs (<http://heritagestore.com/categories/castor-oil-therapy/castor-oil-pack-kit.html>). One may use the packs right along with any other treatments. I personally have used a pack to stop a bad case of food poisoning immediately, thereby I can attest to its antibiotic properties. If such is of interest, then I can offer further advice as to the Cayce recommended protocols for using the packs.

WhiteLove

13th May 2016, 15:28

Personally I think that this is such a specific issue that it hence also needs to be addressed specifically with high precision, meaning that specific antibiotics or similar should be used based on scientific research and high quality data.

But sometimes that is not effective, unfortunately such as in this case, then I think one should put research into who is very specialized, meaning targeting the doctors rather than the symptoms.

When that does not work either, then I think one should radically change the acid landscape to maximize the chance of something neutralizing it. I would then try a complex formula like:

- EAAs (Essential amino acids) ~21 grams/day
- CAAs (Conditionally Essential Amino Acids) ~13 grams/day
- NAAs (Nonessential Amino Acids) ~9 grams/day
- Fresh only low acid coffee (no coffee directly after lunch, lower the coffee dose in the filter)
- Clean water with good pH (e.g. Evian)

- An orange instead of coffee on after-lunch hours
- Low carbohydrate intake on after-lunch hours
- No alcohol but instead maybe something like Rooibos tea in the evening

I hope this helps...

Hervé

13th May 2016, 16:11

There is also this (<http://projectavalon.net/forum4/showthread.php?30405-Here-and-Now...What-s-Happening&p=1067851&viewfull=1#post1067851>) <---

transiten

13th May 2016, 16:16

Carmody would suggest MMS I think, ask him to be sure.

Peace of Mind

13th May 2016, 16:22

The body heals itself.

I suggest putting the body in an environment where Mother Nature is everywhere. She'll help. Maybe a retreat, camping, being in and around nature away from all the electro/chemical pollutants, fake foods, various harmful energies/vibrations that's often found in the average person's everyday life. Plenty of water, meditation, and natural remedies taken in a complete natural environment should be highly considered...especially when the body is feeling stressed.

Peace

Mike

13th May 2016, 17:13

coincidentally i got this email today: http://panasilver.com/?AFFID=&utm_source=leads&utm_medium=Email&utm_campaign=promo051316

i would also consider 35% food grade hydrogen peroxide.

good luck!

RunningDeer

13th May 2016, 17:34

coincidentally i got this email today: http://panasilver.com/?AFFID=&utm_source=leads&utm_medium=Email&utm_campaign=promo051316

i would also consider 35% food grade hydrogen peroxide.

good luck!

Here's the H2O2 thread:

Another health maintenance thread: My experience of taking Hydrogen Peroxide 35% food grade, diluted in water

(<http://projectavalon.net/forum4/showthread.php?71893-My-experience-of-taking-Hydrogen-Peroxide-35-food-grade-diluted-in-water>)

Snippet from post (<http://projectavalon.net/forum4/showthread.php?71893-My-experience-of-taking-Hydrogen-Peroxide-35-food-grade-diluted-in-water&p=848305&viewfull=1#post848305>):

...“True Power of Hydrogen Peroxide: Miracle Path to Wellness (<http://www.powerofhydrogenperoxide.com>),” by Mary Wright. (2014 Edition) Her protocol is different than in the OP.

The 144 page book came with 1 Quart 35% Food Grade H2o2, and an amber glass dropper bottle @ PureHealthDiscounts.com (<http://www.purehealthdiscounts.com/1ptbook1db.htm>).

And from this site:

The Many Benefits of Hydrogen Peroxide (<http://educate-yourself.org/cancer/benefitsofhydrogenperoxide17jul03.shtml>), by Dr. David G. Williams

Several of the most common ailments now affecting our population are directly related to oxygen starvation. Asthma, emphysema, lung disease, constipation, diarrhea, intestinal parasites, bowel cancer, periodontal disease. Cancer of all forms continues to increase. Immune system disorders are sweeping the globe: chronic fatigue, "Yuppie Flu" and hundreds of other strange viral diseases.

The following is only a partial listing of conditions in which H2O2 therapy has been used successfully.

Parasitic Infections
Allergies
Headaches
Altitude Sickness
Herpes Simplex
Alzheimer's
Herpes Zoster
Anemia
HIV Infection
Arrhythmia
Influenza
Asthma
Insect Bites
Bacterial Infections
Liver Cirrhosis
Bronchitis
Lupus
Erythematosis
Cancer
Multiple Sclerosis
Candida
Cardiovascular Disease
Parkinsonism
Cerebral Vascular Disease
Periodontal Disease
Chronic Pain
Prostatitis

Diabetes Type 11
Rheumatoid Arthritis
Diabetic
Gangrene
Shingles
Diabetic
Retinopahty
Sinusitis
Digestion Problems
Sore Throat
Epstein-Barr
Infection
Ulcers
Emphysema
Viral Infections
Food Allergies
Warts
Fungal Infections
Yeast Infections
Gingivitis



13th Warrior

13th May 2016, 17:34

Colloidal silver and/or oregano oil

kerrielea

13th May 2016, 18:00

<http://soilandhealth.org/wp-content/uploads/02/0201hyglibcat/020165.hay.pdf>

The hardback is available on Amazon.

regnak

13th May 2016, 18:08

The best way is to boost the immune system go to a Chinese herbalist explain the problem ask advice
Then go to a Chinese acupuncture explain the problem he will boost the immune system or try to
Last I would go to Qigong doctor explain the problem ask advice

Western doctor or doctors of death because they study the dead human doctor there is some merit in what they learn but for distinction go to a Qigong doctor they study living bodies .

DeDukshyn

13th May 2016, 18:21

Mastic gum of Chios.

It has to be the right kind though. For some reason, the mastic trees on the island of Chios have superior gastric ailment treating qualities than trees grown elsewhere - I don't think the reason for this has been clearly identified.

It has been found in studies to be able to eradicate an H. Pylori infection in a couple weeks, and also provides some comfort against associated bloating, cramping and nausea, as well as appears to promote healing in the stomach lining.

Mastic gum is the gummy resin of the mastic tree – Pistacia lentiscus, a relative of the pistachio tree. The mastic tree is found almost exclusively on the Greek island of Chios, the birthplace of Hippocrates, the traditional father of medicine. Mastic gum has historically been used in medicine to fight gastric and intestinal inflammation.

In modern society, mastic gum has proven useful for fighting gastritis and infections as a result of H. pylori as well as gastric and intestinal inflammation. Studies have found that supplementing with mastic gum not only relieves symptoms of heartburn but can actually help heal the stomach, possibly by killing the H. pylori bacteria. Mastica Chios may benefit those suffering with heartburn, especially if these symptoms are due to an H. pylori infection. Mastic gum is an excellent natural alternative for those who have experienced the negative long-term side effects of antacids, proton pump inhibitors, antibiotics and other medications that treat the symptoms of heartburn but not the cause.

There's real human studies that show its effectiveness.

Study abstract references:

Al-Habbal MJ, Al-Habbal Z, Huwez FU. A double-blind controlled clinical trial of mastic and placebo in the treatment of duodenal ulcer. Clin Exp Pharmacol Physiol. 1984 Sep-Oct; 11(5): 541-4. Al-Said MS, Ageel AM, Parmar NS, Tariq M. Evaluation of mastic, a crude drug obtained from Pistacia lentiscus for gastric and duodenal anti-ulcer activity. J Ethnopharmacol. 1986 Mar; 15(3): 271-8. Huwez FU, Al-Habbal MJ. Mastic in treatment of benign gastric ulcers. Gastroenterol Jpn. 1986 Jun; 21(3): 273-4. Huwez FU, Thirlwell D, Cockayne A, Ala'Aldeen DA. Mastic gum kills Helicobacter pylori. N Engl J Med. 1998 Dec 24; 339(26): 1946. Marone P, Bono L, Leone E, Bona S, Carretto E, Perversi L. Bactericidal activity of Pistacia lentiscus mastic gum against Helicobacter pylori. J Chemother. 2001 Dec; 13(6): 611-4.

info from: <http://www.aor.ca/en/product/mastica-chios>

I would have provided more detailed info, but our "new" website is still missing content ...

DeDukshyn

13th May 2016, 18:31

Other methods

3x daily 15 drops of grapefruit seed extract kills Helicobakter Pylori in 14 days (Sarfatti, Dipartimento die Scienze Abientali, 2008)

I hate to break it (as so many people have put strong faith into this) but grapefruit seed extracts marketed as "antimicrobial" strongly appear to be a sham. Likely perpetrated by big agra to make money off waste product. All products tested by the American Botanical Council, marketed as grapefruit seed extract with amazing antimicrobial properties, has had powerful antimicrobial chemicals added - every one of them. It can likely be said that grapefruit seed extract itself has little or no such properties it is marketed for, otherwise the manufacturers would not need to adulterate the extract with these chemicals.

Source: <https://drnibber.com/grapefruit-seed-extract-fraud-body-blow-industry/>

Anyway ... back to topic ...

RunningDeer

13th May 2016, 18:35

To help with the overall condition, here is a very old, but very good, no-nonsense book - if one can get one's hands on it - from the beginning of last century when Rockefeller's AMA wasn't yet fully consolidated:

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PDF of "Health via Food" here: <http://soilandhealth.org/wp-content/uploads/02/0201hyglibcat/020165.hay.pdf>

I purchased the Kindle edition 'Heath vs. Food (http://www.amazon.com/s/ref=nb_sb_noss?url=search-alias%3Daps&field-keywords=%22Health+via+Food%22+by+William+H.+Hay), ' by William Howard Hay. There are over 60+ references for the importance of an alkaline environment in the book.

Some snippets:

"All these evidences indicate a system well saturated with acids, from deficiencies of the normal alkalin salts, and such a body is far below the normal, maybe far enough to impair greatly the mind or the disposition or to cripple any effort to think normally."

"If disease is acid accumulation, and if age and death are also acid accumulations, then we can see a very definite relation between a normal alkalinity and youthfulness at any age, and a greatly deferred end-point, or death."

"Gastric and duodenal ulcer disappear magically when the irritation of a too free hydrochloric acid is prevented, not by alkaline treatment but merely by ceasing to call out hydrochloric acid, through omission of all concentrated protein from the diet, even milk, and using only the acid fruits and the raw vegetable salads, or in the beginning the fruit juices and raw vegetable juices, till healing occurs."

"Starches and sugars, the so-called carbohydrate group of foods, require alkalin conditions throughout for complete digestion without fermentation, acid introduced with these insuring arrest of digestion, when, in the presence of heat and moisture, an alcoholic fermentation sets in almost at once."

"Every function of the body is carried on in an alkalin medium except the first step in the digestion of protein, which is an acid act, and occurs only in the stomach; and function is well proportioned to the degree of alkalinity, the higher this, within the normal limits, the more active and perfect will be function. For this reason Nature provides us with a very considerable alkalin reserve on which we draw for the neutralization of acids, and when we lower this alkalin reserve we interfere with normal function to this degree."

RunningDeer

13th May 2016, 18:52

1) Along with diet, I use pHorever™ pHour Salts™ (<http://www.phmiraclestore.com/dr-youngs-phour-salts>) to keep the body alkaline.

"Remember the human body is alkaline by design and acidic by function. To maintain that healthy ageless alkaline design of your body use the pH miracle of pHour Salts. Young pHorever™ pHour Salts™ by Dr. Robert O. Young is the "ultimate" baking soda: A combination of four powerful carbonate salts (sodium bicarbonate, magnesium bicarbonate, potassium bicarbonate, and calcium bicarbonate)."

2) One more product that keeps the body alkaline is Bragg's Apple Cider vinegar.

NOTE: The photos and video may seem off topic. They serve to demonstrate how cleaning up at the cellular level renews the blood, the cells, bones and organs, etc., as well as kill and ward-off bacterium and other microorganisms.

Green lines appear on the video. Delete them by going to the top, right of each stripe and click off the little "x".

Cure Any Autoimmune Disease:

Crohn's, TYPE 2 Diabetes, MS, Lupus, Arthritis, Fibromyalgia
_dhlp8jSiiU

@ 1:29:20 (https://youtu.be/_dhlp8jSiiU?t=1h29m20s) - yeast and bacteria doesn't cause disease. They are literally born out of cells when the cells are breaking down to a acidic environment. Bacteria is a transformation of human matter or plant matter or animal matter.

@ 1:30:00 (https://youtu.be/_dhlp8jSiiU?t=1h30m00s) - There are only two types of blood: healthy (alkaline) and unhealthy (acid, cancer, candida, etc). Change the blood, change the man. John had cancer and within 12 weeks it was gone. How? Not by treating it. Change the most important organ, the blood.

@ 1:53:00 (https://youtu.be/_dhlp8jSiiU?t=1h53m00s) - Unlike the circular healthy alkaline blood cells, the acidic blood cells stick together. What's more, a change happens in the oxygen they carry. 20% vs. 100%. Translation? 80% of the oxygen is not going through out the body. 1/4 of your blood supply goes to your brain. Therefore, the brain is one of the first things to suffer in this acidic environment.

As the environment becomes more acid, the white blood cells (immunity) shrink and become inactive. So under the microscope the lab tech sees lots of white blood cells and give a thumbs up report. Never taking into account that they are inactive and shrunk.

"Healthy alkaline blood vs. unhealthy acidic blood"

@ 1:41:39 (https://youtu.be/_dhlp8jSiiU?t=1h41m39s)

http://i1262.photobucket.com/albums/ii610/WhiteCrowBlackDeer/ear_zpschgnbaec.jpg

@ 1:42:03 (https://youtu.be/_dhlp8jSiiU?t=1h42m3s)

http://i1262.photobucket.com/albums/ii610/WhiteCrowBlackDeer/neck_zpstr6j9d.jpg

Acne in 30 days @ 1:32:09 (https://youtu.be/_dhlp8jSiiU?t=1h32m9s)
http://i1262.photobucket.com/albums/ii610/WhiteCrowBlackDeer/acne-30-days_zpslitu5is9.jpg

Breast healed in seven weeks @ 1:44:41 (https://youtu.be/_dhlp8jSiiU?t=1h44m41s)

http://i1262.photobucket.com/albums/ii610/WhiteCrowBlackDeer/healed-breast-7wks_zpsbpbwxunb.jpg

:heart:

Jhonie

13th May 2016, 19:03

100% Pure Gum Turpentine

RunningDeer

13th May 2016, 19:32

In the early 90's, I had reoccurring heartburn. I was tested and treated for H.pylori with antibiotics. Fortunately, one treatment took care of it. As for my sister-in-laws' brother, he underwent surgery because the scaring was so bad.

After the doctor explained some of the ways you get it, I changed up a couple of things. I didn't allow my animals to kiss me and I NEVER use the grocery carts or baskets. I brought my own. (This was before it was vogue.) After all these years, it still looks new.

Carry Bag - Reisetel Germany Collapsible Bag or Market Basket (http://www.amazon.com/Carry-Bag-Reisetel-Germany-Collapsible/dp/B00403MHFO/ref=pd_bxgy_79_img_2?ie=UTF8&refRID=1NYR97BM886XD4VPDQ43)

http://i1262.photobucket.com/albums/ii610/WhiteCrowBlackDeer/grocery-bag_zpsegzhjeuv.jpg

bettye198

13th May 2016, 20:05

Hi Bill, I am going to try to make this very simple.

When a person is bleeding from H.Pylori the body is trying to rid of the acid state. Blood is alkaline and it is trying to purge out the high acid from the condition. H. Pylori is a mutagenic bacteria, very opportunistic. As example, if you have ants coming in and there is sugar they go to, are the ants created by the sugar? No. So whatever has been in this person's biologic that has created a Draw for the H.Pylori needs to be eliminated. It can be a poisonous food choice, poor hydration, medication (big one that makes up an acid stomach state), alcohol, fear-panic-negative thinking, or a shot immune system.

We always have to go back to the gut-brain connection. Whatever struggle the gut is having (including intestines, liver, gall bladder) will polarize to brain and the brain has neuro connection to stomach big time. If you have a sinking ship and you keep trying to pour out the water filling up but do not patch the hole, its futile.

Bleeding from the the stomach region shows the body is in high alert and has pushed against the wall. In our experience with H. Pylori's it can be reversed, and healed only with the practitioner in line with going to the cause. Treating the first line of defense - where the body wants to be healed First, before you can go further. Even though we THINK this is where we should go and is not, the body will not be able to heal.

I suggest an advanced nutritional response practitioner to muscle test and has the ability to see where the deficiencies are. No guessing. It may be a toxic metal, chemical, fungus, parasite lurking that drew the H.pylori out of hiding. Second, work with the next healing herbs or raw food supplements that heal that the body says yes to in muscle testing. It is not a crap shoot. All of this kind of work is quite precise and never lies. You might find a Chinese acupuncturist who knows this technique. And if this person is in the U.S. there is a telephone number he can call to find such a practitioner. Some suggestions in this thread I would think would be too extreme. The body is in crisis and needs a delicate hand.

Daozen

13th May 2016, 22:19

Liposomal Vit C would be a good start. It has raised people out of comas. The following vid is one of the most dramatic stories I have ever seen... Plz excuse the vid's photo, I didn't choose it.

<https://www.youtube.com/watch?v=VrhkoFcOMII>

Readers can CTRL-F search through these for pylori:

Iodine + H Pylori:

<http://www.curezone.org/forums/am.asp?i=932273>

<http://www.ncbi.nlm.nih.gov/pubmed/12206820>

<http://www.bodybio.com/content.aspx?page=Importance-of-Iodine>

Methylsulfirmethane and H Pylori

<http://www.google.com/patents/EP2493464A1?cl=en>

*

Also I would read anything by Dr Mark Sircus on the subject... Bicarbonate of soda may work as well, but it has to be done right, in small doses. The sodium must be balanced with potassium from bananas or other high potassium foods.

Oil of oregano also comes to mind.

Booze will feed bacteria.

Last, if you are taking alot of MMS (containing chlorine), this will deplete Iodine, as halides compete.

Good Luck..

transiten

13th May 2016, 23:58

I have not checked out all the posts but what about cannabis oil??

If PH is an issue, alkaline water would be good, a KangenWater machine makes, 8.5, 9 and 9.5 level PH water, but of course along with avoiding too much acid producing food.

BetaGlucan is an immune booster, not the one made from barley though. Check out www.betterwayhealth.com

95% of the immune system is in the guts.

latina

14th May 2016, 00:15

Hi All:

It is just a very rare occasion when I decide to post something here. I use this forum for learning a variety of things since I am not an expert; however when I see someone asking for natural remedies of any kind I feel compelled to tell about this.

Why? Let's just say that I discover this marvelous web site maybe 9-10 years ago. My family and I are very healthy, however once in a while we need something for occasional maladies and this is the place I look up on Internet. It's just because it's a site built by people around the world giving testimonies about what kind of natural remedy or natural cure they used to recover their health.

Amazingly enough almost all cures are already in our kitchen pantry or they are so cheap that getting your health back is a matter of pennies and a big dosage of patience.

I highly recommend this site but it's up to you if you want to take the time to search what you need, it is changing all the time getting bigger and bigger. I used this site when my little dog was sick, when my daughter needed to get rid of a wart, when someone had a serious illness, it doesn't matter you will find something that can heal you or at least to make you feel better. No one gets paid for posting a testimony and for years they did not sell anything (now the site has ads).

I had once this H. Pylori myself, according to my Dr lab test were showing a dramatic amount of this bacteria in my stomach and I got rid of it just drinking yogurt once a day for several months, some apple cider vinegar and probiotics.

Just in case someone is interested in exploring this, the link for H. Pylori is:

www.earthclinic.com/cures/h-pylori-alternative-medicine.html

Good luck.

nomadguy

14th May 2016, 07:40

Some of these posts are full of good info! I will add my small part here: The body's PH is something to look at here. Diet might be directly related to this bacti becoming harmful. Too much sugar and or glucose from carb rich foods or alcohol can contribute to an acidic environment in the body(among other issues of course, but these are common). I have seen how a PH imbalance from diet causes chronic problems for some people. So taking a remedy might be VERY useful, but if you do not cut off the cause, which might be a imbalance in PH, it will come back. So a change in diet, with a focus on PH, might bolster any chosen remedy. I also give a nod to Citrus Seed Extract. But it is best to find a practitioner who really knows what they are doing before employing any of these remedies. For example Grapefruit extract is great for some people but for those with blood pressure issues perhaps not. That supplement is an odd one it affects people differently on a case to case basis. In my Opine... Manage sugar intake first, then look to remedies. :yo:

happyuk

14th May 2016, 08:51

I can fully empathize with your friends' predicament, I had a stomach ulcer back in 1996 and was in bloody agony with it for months. Sure enough the blood test came back and said helicobacter pylori. It might be hereditary - my dad and uncle have also both had it. In the early 70s my dad had it to such an extent that the scar tissue was preventing his swallowing and he had to have an operation to widen his gullet, involving a vagotomy which I understand are decidedly risky are no longer done.

I did find that the treatment my GP gave me was very effective in clearing it up - a so-called triple therapy consisting of two different antibiotics and Losec. It worked for my uncle and dad too, when he had it a second time.

I don't know of any alternative or traditional approaches, although there must be. I have always been very interested in the writings of the Weston A. Price foundation on anything related to diet and healing, particularly their research into the diets of primitive tribes and aboriginal peoples, who are seldom bothered by many typical western ailments, tooth decay etc:

<http://www.westonaprice.org/health-topics/your-body-on-drugs/>

I am also interested in their findings on the importance of friendly bacteria in the gut, that are assisted by the fermentation process used in many traditional foodstuffs, often missing in modern sterile diets:

<http://www.westonaprice.org/book-reviews/missing-microbes-by-martin-j-blaser/>

<http://www.westonaprice.org/modern-diseases/acid-reflux-a-red-flag/>

Lifebringer

14th May 2016, 11:17

H.Pyloria can be treated w/herbs Bill and to heal his stomach use "aloe." Back to Eden by Jethro Kloss . His family had to continue his practice out of Rockerfella medicine. I had it and used whole raw Garlic but since his tummy's bleeding use the garlic 100% oil and aloe. He'll feel better immediately w/in 5 min and the garlic ills pyloric bacteria and viral infections from its waste germs. this also cleanses the blood stream and he'll have change from aidic drinks aka beer hanging out w/guys to occasional social celebratory drinking. Stomach linings are hard to gain back bu after the bleeding and pain are being treated for 7-10 day have your friend line his tummy w/goat milk.(ladedd vanilla flavor, haven't had that problem in12yrs) It's great or ulcerated stomach linings. They can turn you know to cancer so the sooner the better.

I'll keep the prayer on High, oh and the garlic is one clove a day(chase it w/honey) If your friend is highly acidic, then 8oz water tablesppon baking soda and 2 tablespoons honey, 3times a week, drink lots of water to remove the toxins/dis-ease of the stomach, these herbs treat. Godspeed for your friend.

peterpam

14th May 2016, 12:52

I would strongly suggest wheat grass juice. It needs to be used on a regular basis. It is easy to grow in trays in your home and after the initial cost for a juicer and seeds it is not very expensive. I would be willing to bet that regular use of fresh wheatgrass juice taken several times a day would provide the body with the nutrients to heal. The high chlorophyll content would be be really beneficial. I really do believe the answer to healing is with fresh veggies, juicing and wheatgrass. I also, agreewith PurpleLama's recommendation for the castor oil packs. These suggestions will take some commitment but I bet they could give the body the opportunity to heal.

Bill Ryan

14th May 2016, 14:31

My sincere thanks to everyone. (Wow) :star:

I'll add here three protocols that were sent to me anonymously (name given, but not for publication):

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I have had that on and off and recently kicked it after having the last "sprayed" (apparently) deadly flu (or whatever it was, maybe SARS)..

Allergic reactions happen with the H pylori, auto-immune responses too.. So stopping allergy reaction is needed. I use chlortrimeton and benadryl depending on severity.

H pylori eradication rates were higher for a 7-day antibiotic regimen containing lansoprazole, amoxicillin, and clarithromycin -- that is the proper antibiotic plus proton pump inhibitor to stop acid production.

The lansoprazole acts like a type of antihistamine. (proteins in the gut create a histamine reaction, and specific cells turn on.. especially HCL production.)

What worries me is proton pump inhibitors (the powerful ones) should never be used more than 7 days as they will mess with the heart.

What DOES WORK is Pepsid Complete or the generic equivalent, consisting of an anti-acid, and antihistamine that stops HCL production Famotidine in 10 mg size.

THEN doing the Magnesium Bicarbonate, in the one ounce per day, upping it to 2 ounces per day, slowly ingested with a dilutant. I use coffee and milk (which the milk provides the extra calcium).

AND then 2 grams of completely Chelated vitamin C.

Vitamin K can be used like every other day to stop bleeding. It works and is VERY potent.

Stay away from spices until the healing happens, then a good spice series that I am using is the SPICE PACK called FIRE from Taco Bell of all things. It is high in cayenne, and other peppers.. Such seems to keep the H Pylori from getting a toe hold.

The first stuff to use is the Famotidine plus antiacid combo, then the vitamin K and vitamin C, then the magnesium bicarbonate...

I used tetracycline, which is good for lyme disease and attacks H Pylori - it is available over the counter also in feed-stores. One week of that seems to work if the H Pylori seems present.. but the Taco-Bell FIRE sauce used on foods seems to keep it away..

There is an over-the-counter product called AZO-Cranberry

It contains a LOT of concentrated cranberry PLUS a probiotic (their own proprietary formula) which totally takes out harming bugs. I noticed a month of using that AFTER the earlier pm's regimen has kept away the H Pylori.

I have noticed certain cheese, contains H Pylori or the H Pylori seeks it out as a growth medium - I seem to remember Havarti was the cheese whence I had that, I got H Pylori and such was all hell to get rid of until I used what I said above.

Adding the AZO-Cranberry regimen with their proprietary probiotic (in the same pill) keeps it away.

~~~~

Hi Folks, after reading about Bill's request for help here, I would like to offer a potential remedy : Calcium Bentonite

One can google search "calcium bentonite heals Helicobacter-pylori" to double check. Hope your friend recovers soon :)

~~~~

<http://sciencedirect.com/science/article/pii/S1658077X15301065> (<http://www.sciencedirect.com/science/article/pii/S1658077X15301065>)

Pour boiling water over 1tbsp of fenugreek seed. Steep and drink as a tea. 1-2 cups. Twice a week. If you drink more than that, it will come out your pores. In my family, we say that it "flushes the badness out of you" because it's good for so many things.

**Bob**

14th May 2016, 16:12

I'll add if one is having fresh papaya, there is a strong protein eating enzyme; in papaya it is called papain, similar to the human digestive enzyme pepsin. I recall a person on Big Island who every day from his Papaya tree, picked a fresh papaya, added a heaping mix of fresh tuna and had it religiously.. Within 6 months of that, he had extreme peptic ulcers..

Another thing with the "greens" being suggested. If there is a situation with high allergic sensitivity, to whatever has been eaten, its possible to turn on a 'hidden' plant latex allergy.. WHERE one never used to be sensitive to certain greens, then even some fresh lettuce, or kiwi, or god forbid, Avocado's, trigger the extreme acid, and immune system reaction.. (plenty of research is available on "greens" sensitivity, "Avocado" sensitivity.. And even "natural" red/orange colchicine (extracted from the autumn crocus) - allergy reactions and gastrointestinal upset at high doses..

There are "chitin" allergies too, how about that natural red food coloring? Have a nice red colored "strawberry" shake? It may contain ground up insect skeletons - carmine, a substance that is extracted from ground-up cochineal beetles has been found ([http://www.naturalnews.com/041430\\_bug\\_juice\\_food\\_coloring\\_Dannon\\_yogurt.html](http://www.naturalnews.com/041430_bug_juice_food_coloring_Dannon_yogurt.html)) in Starbux, Dannon Products, etc.. the "natural red" color.. The chitin allergy to that kicks up the immune system to start attacking the body.. Ulcers are one symptom..

So, with the ulcers, minimizing allergic reactions, watching out for plant latex AND chitin allergies.. The so called "natural reds" are natural all right.. insect chitin shell ground up.. (yuck).. After that stuff gets into the bloodstream (an open sore in the gut for instance), where one was never before sensitive, one could then acquire such a sensitivity.. (I may do some threads on these, but they will be pretty large)..

**transiten**

14th May 2016, 16:13

Hi I edited my post above (<http://projectavalon.net/forum4/showthread.php?90642-Helicobacter-pylori-advice-and-remedies&p=1067944&viewfull=1#post1067944>) today, check it out.

**DeDukshyn**

14th May 2016, 17:18

My sincere thanks to everyone. (Wow) :star:

I'll add here three protocols that were sent to me anonymously (name given, but not for publication):

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...

Stay away from spices until the healing happens, then a good spice series that I am using is the SPICE PACK called FIRE from Taco Bell of all things. It is high in cayenne, and other peppers.. Such seems to keep the H Pylori from getting a toe hold.

...

Interesting this showed up. For myself personally and anecdotally, I always very strongly crave very spicy foods immediately after any major gastro illness. People used to think I was crazy, but my body tells me to do it, and it really does seem to speed the final healing (after the healing has a start that is - I never actually have the spice cravings until the healing begins - but one still may have symptoms of the sickness at that time). Capsaicin must be doing something to help out in this area, but I can't imagine what, other than to keep the areas stimulated for more rapid healing ...

sigma6

14th May 2016, 19:03

My goodness. how did Urine Therapy not make the list... o.O!!!??? I am not sure if I ever had h. pylori, but I have had my fair share of health related issues... concern about germs, virus', candida, heavy metal contamination which are all inter related how they affect stomach bacteria...

Looking back, I can't understand why people can't accept such a precious free gift... I guess free just isn't good enough anymore... or simplicity? It does just sound too good to be true doesn't it? (keep doing the research until you can no longer deny it... it's the only way... you have to make the "decision" first and then you have to fight to re-program your mind... but I guarantee, when you make it to the "other side" you will never, ever, ever regret it... (just don't try to tell too many of your friends... unless you are ready to "fight" to defend it... (too many "repressed zombies" walking around these days...)

Ahhh... I remember the early days, the squeamishness, the fear... the terror! (it's all perceptual)... and the only way around it is to re-program yourself with the right knowledge... If someone has been suffering for over 6 months (and it's getting worse...) They should be plenty motivated to read this information... I read and re-read the following information until I "got it"... until I saw the big picture... until I "believed" because I "understood" it... the reasoning, the science, the long list of 2500 things I couldn't possibly breakdown and know... (although Martha lists some 200-250 in her book) ...my perception changed... urine was no longer a waste product... (it comes out of the body sterile... because it is coming from your blood supply....) Fresh unadulterated urine could be injected directly back into your bloodstream. Although it would make much more sense to ingest it into your stomach... let your body process it... let your glands read all the "information" (the blood is the life, where the "fight" is... where all the "action" is... your "life" is in your blood... if the answer isn't in your blood, then you are not breathing... ; D

Try it on your skin you will be amazed! It is perfect for nasal cleanses (and a good start for people unfamiliar with the wide range of tastes and safer than contaminated water and salt and already perfect temperature! It tastes usually salty like your blood, or more accurately like blood serum, sometimes like a chicken broth to progressively heavier versions of chicken broths... it varies with what you consume... but it is "perfect" each time, according to that time in terms of whatever it is trying to do for your body...

It is harmless because it is essentially 95% water, the 5% guarantees a soft intervention, it's 100% bio available (why it breaks down so readily and prone to bacteria... just like any other fresh bioavailable consumable...) Urine sitting for a few days is ideal for your bath... you won't believe what it will do for your skin... apply with a cloth, or save up several cups and add to a therapeutic bath... It is anti viral, anti-fungal, it enriches, nourishes, heals, decontaminates, and cleanses the skin, your eyes, your stomach, it detoxes and cleanses and heals all at the same time... it's the epitome of efficiency...

Here is a 4shared link (you need an account (don't download anything, and avoid all the fake "download" buttons (they're ads) but it pays for the free space...)

http://www.4shared.com/folder/DSG_c-ug/Health.html

there's 3 folders in there... 1 for candida, 1 for UT, the other just general...

Download and read all those articles, there are two books John Armstrong's book ... "Water of Life"... and Martha Christie's book "Your Own Perfect Medicine" Martha is living proof (as are millions of people the world over...) If you are waiting for science to support this, it already has... with thousands and thousands of studies... as Martha discovered when she started to research more about this topic... (they will just NEVER be published in any mainstream media journal by the same companies that make millions from it, even owning portable washrooms (with separate collectors for poo and pee!) collecting it, and using it in hundreds of cosmetic and pharmaceutical products (in an inferior form...)

Note: both books appear to have been OCR generated (i.e. optical character recognition) and converted to PDF. There are strange typos in the spelling and the layout is sometime "off"... This is not a major issue, just read through the text, (i.e. don't assume the authors were dimwits or something!) Lol...

Urine is ideal for regenerating the tissue of the stomach and the brain... combining fasting with UT is the ultimate, most disease is bacterial, viral, or mold/fungal related... especially all the ones that people seem to be getting hit with these days... Interesting to note that even in biblical times anything with mold or fungus was considered to be "unclean" to be immediately removed, clothing was to be burned... and the person was isolated for a day or two... wow! ...who knew...that they knew it's dangers so well!...

In Armstrong's book, he actually makes indirect reference to the fact cancer was understood to be fungal based, very interesting considering the time period the book was written (40s?) before the Rockefellers and other elites took over the "Medical Industry" and started forcing "licenses" on everybody... Funny how that issue is denied and suppressed today... Urine... you swam and bathed in it for 9 months before you came out of your mother's womb... time to get back to where you're from (get back Jo Jo!)

vdqTzuxytu0

BTW: Has anyone watched the Ben Stiller movie (comedy satire) Zoolander 2 ?

It is totally making a reference to Urine Therapy... If you know what to look for even at one point... Spelling out Exactly John Armstrong's book "Water Of Life" in direct relation to a scene about "Life Extension" while playing on the satanic cult angle at the same time! It's a strange movie... this scene was just too bizaare... when I saw it... the context is unmistakable...

sigma6

14th May 2016, 19:07

Here... I googled "urine therapy" this is the first article I found... if you want the "hidden answers"... you have to make the decision that you are going to commit to find it... and then go look for it! ... this article nails it...

URINE & UREA Therapy

<http://www.health-science-spirit.com/urine.html>

By Walter Last

I have been fond of urine therapy for many years but except as a homoeopathic remedy, I have rarely mentioned it to patients as our social conditioning invariably prompted a strong negative reaction.

The many and varied case histories described by John Armstrong in his 'The Water of Life' are certainly impressive. However, this book was first published fifty years ago, Armstrong did not have any academic qualifications and without the strong support of other therapists, there were not many convincing reasons for patients to try this method.

This has changed dramatically in recent years with the publication of the several more books on urine therapy. Very good are the self-published books by Martin Lara at <http://users.erols.com/martinlara/>, 'The Miracle of Urine Therapy' by Dr Beatrice Barnett and especially 'Your Own Perfect Medicine' by Martha Christy.

Martha Christy's Experience

Martha Christy cured herself of a host of incapacitating illnesses, including intestinal inflammation or Crohn's disease, chronic fatigue syndrome, thyroid disorder, severe chronic kidney infections, food and chemical allergies and severe endometriosis.

The conventional approach with drugs and six operations did not help and probably intensified her problems. Natural therapies worked for a while, but a difficult pregnancy disabled her again and this time even the natural therapy she tried was not good enough, including \$US 15,000 spent in an alternative cancer clinic in Mexico for bleeding pelvic tumours.

Most of the time she had to stay in bed until one day she was introduced to urine therapy and before long, all her health troubles were over.

Instead of just writing another 'How I Did It' book, she went to university libraries and hired a research firm to search the scientific and medical literature for publications on the use of urine and products derived from it.

She was amazed by what she found. There were not just hundreds but rather thousands of published articles. There are probably more articles published about urea, the main ingredient of urine, than about any other organic substance. Mrs Christy devoted a large part of her book to explaining and summarising this scientific and medical evidence and also provided detailed

references of published papers.

In addition, she lists many testimonials of individuals as to the effectiveness of urine therapy in overcoming AIDS, Candida, Cancer, Colitis, Depression, Diabetes, Immune deficiency, Multiple Sclerosis and other diseases.

Scientific Evidence

The most amazing aspect of urine therapy is its effectiveness in such a wide range of different diseases.

There are several reasons for this. For one, urine contains antibodies and immune stimulating factors against all viruses, harmful bacteria or fungi that we may harbour in our body. The researchers stated that even minute amounts of antibodies, sometimes so low that they cannot be detected with conventional methods, are effective in preventing and treating diseases.

There are reports investigating and describing the curative effects of urine therapy on a wide range of infectious, fungal and viral infections, such as hepatitis, poliomyelitis and AIDS. Urine is especially effective against allergies, autoimmune diseases and other disorders of the immune system.

To switch off an allergic reaction one must put a few drops of urine under the tongue, collected during the reaction, or the urine may be homoeopathically diluted and some of it kept in the mouth for a few minutes.

When drinking urine routinely, allergic reactions may not occur at all, thus doing away with the need to identify which substance one has been reacting to.

Curing Cancer 'Child's Play'!

Cancer, too, responds very well to urine therapy. Very effective appears to be the urine fast employed by Armstrong.

His first cancer patient was a nurse who had herself cared for over fifty cancer patients. She knew that any cancer pain is mild as compared to that experienced from the regrowth commonly occurring after medical intervention.

Usually visible tumours such as with breast cancer disappeared within three weeks, but sometimes even in one week. Armstrong called curing cancer 'child's play' except if patients had already received chemotherapy or radiotherapy.

I also know personally of several cases of cancer cures exclusively or mainly due to urine therapy; sometimes the addition of urine therapy to a natural cancer program appeared to be responsible for the successful outcome. Martin Lara has an interesting breast cancer cure with urine injections on his site <http://users.erols.com/martinlara/>.

Most of the scientific cancer reports concentrate on urine extracts of anti-cancer agents. One such extract is called H-11, another HUD, others Retine, DHEA hormone or Anti-neoplaston.

While good results were reported with all of these, it is very expensive to treat patients in this way and the treatment would be even more effective and much cheaper if all of these cancer-fighting ingredients of urine were used together by ingesting whole urine.

Surprisingly, uric acid is not just the villain causing gout; it is also a proven anti-cancer agent and rejuvenating factor. However, the crown of the cancer-fighting urine ingredients may actually belong to urea, the most common chemical in urine.

Benefits of Urea

Only recently has it been discovered that the concentration of urea in the blood has a key role in regulating at least 7 major pathways. Urea levels are low with cancer and many other diseases. The frequency of cancer and especially of multiple tumours and metastases increases greatly if urea levels are low.

Urea is not just a waste product or the end state of the protein metabolism as commonly assumed. Biochemical research has shown that urea, both from internal sources or externally supplied, is used by the body as a raw material to synthesise amino acids and proteins.

This is especially important for patients with kidney failure. These deteriorate quickly on a diet containing normal amounts of protein, but do much better if the diet is extremely low in protein, below 20g per day.

Another research report states that patients with kidney failure on very low protein intake show progressive clinical improvement when receiving added urea, which then becomes the main source of nitrogen for protein synthesis. Urea may thus be the main reason why urine therapy and especially urine fasts are so successful with kidney failure

I believe that it is the best and sometimes the only successful therapy. One of my patients with kidney failure continued to deteriorate on a fast of fresh vegetable juices, but was cured when fasting on urine for 2 weeks.

Another helpful factor is the role of urea as the best natural diuretic and far better than synthetic ones. This is not only important for those with edema or fluid retention because of kidney or heart weakness but especially with fluid pressure on the brain or spinal cord or in the eye with glaucoma.

With this, additional urea is important with brain tumours, stroke, meningitis and other inflammations of the brain and spinal cord. One report cites the case of a massive brain tumour reappearing 3 months after surgical removal of another brain tumour. The patient received 256ml of 30% urea. After 2 hours the tumour had completely disappeared.

When applied externally, urea has a very beneficial effect on wound healing, including infected wounds, burns and ulcerating tumours. The urea crystals may be directly packed into the wound or a strong or saturated solution may be applied. In this way, urea removes the foul odour often associated with an ulcerating tumour or other dead or putrefying tissue.

Urea Pioneer

The use of urea in cancer treatment was pioneered by E V Danopoulos, a Professor of Internal Medicine in Athens. Urea was notably effective with liver cancer and in preventing the development of metastases or secondary tumours. He used 45g of urea daily in 6 divided doses for 40 days and then 20g in 3 doses for 2 years. 45g correspond to 6 rounded teaspoons, while 20g are about 3 teaspoonfuls. The results were published in *The Lancet* in 1974.

But as it happens so often with discoverers of cheap cancer cures, Danopoulos lost his position after this publication and was forced to retire. Other research has shown that the effectiveness of urine in killing microbes depends largely on its concentration of urea and is better, the higher it is in urea.

Other Beneficial Ingredients

Another important reason for the effectiveness of urine is its content of countless hormones, enzymes, vitamins, trace minerals and other valuable biochemical. Some companies make a fortune by extracting some of these substances from collected urine on a large scale. The fact is that urine is not a waste product full of harmful substances as is commonly believed, but instead a treasure-trove of just the right bio-chemicals that we need for our condition.

The main function of the kidneys is to regulate the concentration of all these countless bio-chemicals in our blood. Any unwanted surplus is as harmful as any deficiency. However, any hormone or enzyme removed as surplus at one time may be in short supply a few hours later.

Furthermore, with advancing age, our hormone and enzyme production declines to sub-optimal levels while the kidneys become less and less efficient in retaining needed ingredients.

Therefore, it greatly helps, especially with chronic degenerative diseases and advancing age to recycle these valuable hormones and enzymes.

Urine Rejuvenates

Urine ingestion is frequently praised as possibly the best rejuvenation therapy known to us. It certainly rejuvenates the hair and the skin. The youthful appearance of many Buddhist monks is

ascribed to their routine urine ingestion.

It seems that historically all cultures have used urine for medicinal purposes. It is praised in ancient Egyptian papyri, was used in ancient Rome, in China, India, America as well as European countries. The Journal of the American Medical Association states that in 'primitive medicine' there is scarcely a disease that has not been treated with the external or internal use of urine.

A 5000-year old Sanskrit text describes in a religious context in 107 verses the virtues of urine. In one verse Lord Shiva, the great destroyer and re-generator, says that he who drinks urine sweetened with honey is cleared of any ailment within 6 months. He attains brilliant brainpower and his voice becomes melodious.

One well-known urine ingredient is melatonin, the hormone of the pineal gland. It regulates our body rhythms linked to the dark-light cycle. It is produced in the night and mostly expelled with the morning urine. However it is now highly valued as protecting us from cancer and ageing. Melatonin sales in California are said to top aspirin sales. But why pay much money for just one beneficial ingredient when there are thousands for free?

Problems may arise from ingesting large amounts of urine if one takes medicinal or recreational drugs as these drugs may be recycled and cause an overdose. The same may happen if one ingests other toxic substances. However, harmful substances are not necessarily reabsorbed and may just cause diarrhoea instead.

How to Use Urine

There are various ways to use urine but generally it is advisable to start with small amounts. This is not only to get accustomed to the taste of it, but also to slow down any healing reactions. These occur commonly with methods that genuinely improve our health.

Reactions may manifest as diarrhoea, vomiting, nausea, skin problems or a temporary flare-up of old health problems prior to their final elimination.

Start with a few drops or a teaspoonful. These may be swallowed immediately and you may wash it down with some water or juice or eat a piece of fruit. However, with allergies and immune disorders it is more effective to leave the diluted urine under the tongue for a few minutes.

An allergic reaction can best be stopped or neutralised by collecting the urine when the symptoms are worst, however in practice you try to use it as soon as you notice the first symptoms.

Some researchers suggest that the proper dose can be found by slowly putting single drops under the tongue until the taste and temperature of a drop can no longer be distinguished. This is then the neutralising dose. Each subsequent day you may double the previous dose or the number of times you take them per day until you reach your target amount or the dose that you are comfortable with.

A suggested amount for general health improvement and rejuvenation are 2 or 3 cupfuls daily. More may be temporarily used to overcome serious diseases, especially AIDS and other viral, bacterial or fungal infections, cancer and kidney diseases. Drink only on an empty stomach well before meals as a large amount or strong urine after a meal may cause digestive upset. You may also need to take half a teaspoon of sodium bicarbonate one or more times daily before meals to minimise allergy problems due to overacidity.

In these cases ingest about one litre, the more the better, while for a limited period, say several weeks, try to drink all or most of your urine, except in the evening so that you do not have to get up at night. However, that may only be suitable during a cleansing period.

My favourite way to flush the kidneys is to drink 1 to 2 litres of urine before breakfast. Start drinking all the urine when you first wake up, lets say around 5 o'clock. Then you may urinate again and drink another lot about 6.30 and then again at 8 o'clock. Either drink sufficient in the evening so that the first morning urine is not too concentrated or otherwise dilute strong urine with sufficient water. If the urine is cloudy, as it easily happens during a healing reaction, you may use only a small amount. If the body is reasonably clean, then the urine does not taste offensive and reflects the aromas of the previous meal. The second morning urine, especially after drinking a fair amount of liquids after rising, is usually very mild and better to get accustomed to than the first morning urine.

Martin Lara (<http://users.erols.com/martinlara/>) describes injecting 1 ml of fresh urine once or several times into a muscle, e.g. thigh or buttock. This is especially recommended for cancer, strong viral infections and other serious diseases, it also helped to eliminate asthma.

The Urine Fast

The most powerful form of urine therapy is a urine fast which combines two of the most effective natural healing methods, urine therapy and fasting. This is the method routinely used by John Armstrong and described in his book *The Water of Life*. Armstrong had amazing results with this method and I also found it very effective. A main advantage of a urine fast over a water fast is a greatly increased amount of energy so that the fast can be continued for a much longer period. I believe that it is also more effective than a fast or cleanse on vegetable juices.

During the urine fast you drink all of your freshly voided urine and initially some added water to bring the daily volume to about 5 litres. However, I suggest to gradually increase the ingested amount to full intake already before starting the fast while gradually reducing the food intake to just a few pieces of fruit or vegetable salad and fresh vegetable juices.

It is possible that this combination, a small amount of fresh fruit or vegetables and juices together with ingesting almost all of your urine is already sufficient to cure your problem. If after a week or two you feel that you do not make enough progress, you may then proceed with a strict urine fast for 1-4 weeks.

You end the fast by using again only a small amount of fresh raw fruit or vegetables for another week or two, gradually increasing the amount and variety of fresh food.

As with all fasts or cleanses, it is important to keep the bowels moving daily. Initially I suggest using a tablespoon of Epsom salts together with a crushed clove of garlic for several mornings or evenings when starting with a greatly restricted food intake.

This will help to avoid or minimise unpleasant cleansing symptoms, such as weakness, pain or nausea. However, in many cases the ingested urine will already over-stimulate the bowels with liquid discharges and then no further action is needed.

Ingest only your own freshly voided urine. Normally urine is light yellow, clear and sterile, especially if collected mid-stream, but during reactions it may become offensive and cloudy. When ingesting a large part of your urine you should check to make sure that it is not too acid. The morning urine normally is slightly acid, but during the day it should be slightly alkaline.

You can buy litmus or pH paper from a chemist. Litmus paper is red when dipped into an acid solution and blue when alkaline, neutral or pH 7 is in between both colours. With pH paper you get a colour chart to compare. If the urine remains acid during the day, which usually happens with allergies and a weak sugar metabolism or if eating much fruit, then take 1/2 teaspoon of sodium bicarbonate once or several times daily in water, but not within 3 hours after meals, until the urine remains alkaline during the day.

However, those with cancer should use potassium bicarbonate (from a chemist) instead of sodium bicarbonate. If the body is too acid, sometimes the emotions become overly sensitive with a tendency to inflammations, mouth ulcers and strong skin reactions.

With cancer, oedema and infectious diseases the effectiveness of urine therapy can be increased by taking daily 1-6 teaspoons of urea (e.g. in water or juices) in divided doses; you may take 3-6 teaspoons when only a small amount of urine is ingested and progressively less with larger urine intakes, leaving it off completely when nearly half or more of the daily urine is ingested.

Homoeopathic Urine

A final possibility is to use urine in homoeopathic form. The simplest way to prepare it is as follows:

To one teaspoon of non-chlorinated water add one drop of fresh urine. Shake it vigorously in a small bottle about 50 times with a sharp downward stroke. One drop of this mixture is then added to another teaspoon of water, shaken again and then the whole procedure repeated a third time. Place 3 drops under the tongue several times daily. When it is used up, wait a few days and then prepare a new homoeopathic remedy. In order to find the most effective potency add one more step to each subsequent preparation of the remedy, that is dilute it a fourth, a fifth and a sixth time and so forth. Start with such higher dilutions, say sixth potency, especially if a remedy is made from fluid such as pus derived from a diseased part of the body.

An alternative method is even simpler and recommended as an introduction to urine therapy and at times when cupfuls of urine are not tolerated.

To 1 tablespoon of morning urine add 4 or 9 tablespoons of non-chlorinated water. Shake 50 times with a sharp downward stroke, and take a spoonful several times during the day; keep in the mouth for a minute before swallowing.

Martin Lara (<http://users.erols.com/martinlara/>) developed a 'universal remedy' supposedly effective against all microbes. Dilute 2 drops of urine with 1 tablespoon of non-chlorinated water. During an infection keep one drop of this under the tongue every 2 hours.

Homoeopathically energised remedies should not be exposed to strong magnetic or electromagnetic fields. Keep this urine remedy only lightly covered in a cool place but not in an electric refrigerator, and make up fresh daily.

Social Considerations

The main problem when starting urine therapy is our social conditioning. You may overcome that by reading and contemplating about the expected health benefits.

The taste of urine is not normally offensive, except if the body is rather polluted or when fasting or with strongly concentrated urine. Therefore, dilute strong urine, start with a small and gradually increasing amounts or have a day on fruit before starting to ingest urine. Minimise salt and strong spices in the diet when on urine therapy.

An easy way to drink urine or any other unpleasant fluid for beginners is by breathing only through the mouth and possibly pinching the nose until the mouth has been rinsed with water or juice or a piece of fruit may be eaten.

External Use

For skin problems such as burns, wounds, gangrene, psoriasis, eczema, dermatitis, fungus problems ageing skin as well as over inner tumours, inflammations and diseased organs a urine or urea pack or a combination of both is very effective: keep the affected area covered with a folded cloth well moistened with urine or concentrated urea solution, put another cloth or plastic sheet on top, renew several times daily.

Urine becomes more alkaline when standing for a few hours and is then more effective than fresh urine for external applications. However it also smells much more and fresh urine seems to be adequate in my experience. With gangrene, dead flesh, skin infections and open cancer and ulcer sores it is even more effective to saturate the applied urine with urea, that also removes offensive odours. With weeping or suppurating wounds, especially if associated with foul odour, it is also very beneficial to cover the area with dry urea crystals.

Urine can be concentrated by leaving it for several hours in a flat dish in the sun or a warm place. This has been recommended by Armstrong for friction rubs to rejuvenate ageing skin. Armstrong also recommended urine packs over tumour sites or diseased organs in addition to rubbing the body daily for two hours with small amounts of urine.

The main problem with urine packs is the offensive odour. You may try to prevent it by sealing the pack with a good tape, such as duct tape. You may completely seal it and keep the pack moist by injecting fresh urine several times a day with a syringe.

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3. Christy, M, Your Own Perfect Medicine, Future Med, Inc Scottsdale Arizona 85267, 1994.Lara
4. Tietze, H.W., Urine the Holy Water, Phree Books, P O Box 34, Bermagui South, 2546 Australia, 1996.

RunningDeer

14th May 2016, 19:22

Thanks, sigma6. :wave:

As Gio says, "Will post here."

Forum member, Connecting with Sauce, began a thread for urine therapy (<http://projectavalon.net/forum4/showthread.php?1793-Taking-the-piss-Your-own-best-medicine...&p=16045&viewfull=1#post16045>) after he was inspired by Martha M. Christy's book called, "Your Own Perfect Medicine: The Incredible Proven Natural Miracle Cure that Medical Science Has Never Revealed! (http://www.amazon.com/Your-Own-Perfect-Medicine-Incredible/dp/0963209116/ref=sr_1_1?ie=UTF8&s=books&qid=1272810647&sr=1-1)".

Inversion

15th May 2016, 00:11

There was a guest on Coast to Coast years ago who said a chant called Spirit of Water. A few shows later Noory read a man's email saying his glass of water that was sitting next to the speaker was imbued with the life force of water. He had chronic joint pain and after consuming the water his pain was gone. I'm sorry that I don't recall the guest's name, but I know there's something akin to the chant in the Emerald Tablets of Thoth.

Paul

15th May 2016, 00:44

John Bergman, presently my absolute favorite commentator on health and the human body, discusses Helicobacter Pylori: starting at 13:28 in the following video, with solutions discussed starting at 35:35.
OIZHHs3TG5s

My quick summary of what he's saying:

Half the world's population has Helicobacter Pylori. It's quite common, and neither essential nor typically a problem. It gets to be a problem if there is an imbalance in various physical, chemical, nutrient, nerve or stress factors effecting the stomach or below. A recent dose of antibiotics (or worse, in my personal view, presently continuing regimen of antibiotics) will upset the gut flora and can cause such problems. Nerve connection to the stomach and below, due typically to an out of whack spinal column, can cause such problems.

So as someone else suggested above, if your gut flora have been whacked by antibiotics or vaccinations, then a wide variety of probiotics, especially from natural fermented foods such as kefir, sauerkraut, kimchi, apple cider vinegar (with the "mother"), yogurt, natto, miso, and soft cheeses from raw milk, can help rebuild the gut.

A good chiropractor can help get the kinks out the spinal column, improving the nerve connection between the gut and the brain.

The goal is not to kill the Helicobacter Pylori ... half of us humans have them and we co-exist just fine. The Helicobacter Pylori are tough bugs ... living under the mucus in the stomach, so what it would take to kill them would harm more than just those bugs.

Disclaimer: I am not a doctor, not a lawyer, and not an Indian Chief. I have only done some of the items I suggest above myself, and only on myself. So about all I can vouch for is that some of the items above will not necessarily and immediately kill you.

gripreaper

15th May 2016, 01:10

All good suggestions. One needs to alkalize the body and get the Ph back in balance, fully oxygenate the body, kill the parasitic intruder, and carry the waste product out of the body, while cleansing the vital organs from the overload.

Please consider food grade Diatomaceous Earth as the carrier of the toxins from the body. Someone needs to take out the trash. As far as killing the intruder, I like MMS, although I found that this years engineered virus released on us was very resistant to ANY protocols I tried. Oxygenation, as stated above, is best done with hydrogen peroxide, although the MMS also oxidates. Getting the Ph of the body back in balance, I like the vitamin C protocol. Using the PH test strips to make sure that the PH is correct is also vital.

One other thing I have been doing that has helped with my upper respiratory infections this winter, has been nebulizing colodial silver and breathing it right into my lungs. The last six months have been hell, and it seems the interloping alien bastards have upped their game and we need to up ours.

ozmirage

15th May 2016, 01:51

Also, liposomal vitamin c is recommended over normal vitamin c, because it has a far higher rate of being effective (up to 10 times).

You can buy liposomal vitamin c, but you can also make it yourself.
There are just a few tools that you need, such as a blender and a ultrasonic cleaner.

Here is an easy learning youtube on how to make it yourself:
1cBp879mfgl

and here is a website with a superior method of making liposomal vitamin C.
Results are said to be just as good as the professional ones like livonlabs.
<http://qualityliposomalc.com/>
HOW-TO-MAKE in more detail :
<https://www.quantumbalancing.com/liposomalC.htm>
(with suggestions on where to get various equipment)

sarah22

15th May 2016, 02:23

I have seen on several health sites that Manuka honey can sometimes work against antibiotic-resistant H-pylori. I remember reading that once the H-pylori infection is healed, that you should stop taking it, but I am not 100% sure.... might be worth talking to a naturopath first. If you wanted to try it, I would recommend Wedderspoon's organic, raw manuka honey - it's very pure and in glass bottles- but fair warning, it is expensive. (When I can afford it, I buy their organic rata honey- best facial on the planet :)) You can get it on Amazon or just google Wedderspoons honey. I hope you find some relief soon!

RunningDeer

15th May 2016, 11:28

Please consider food grade Diatomaceous Earth as the carrier of the toxins from the body.
Video found @ Diatomaceous.org (<http://diatomaceous.org>)

SilaLive Silica With Enhanced Food Grade Diatomaceous Earth Supplement Review
nP4oQlqVINk

Published on Dec 10, 2012
<https://silalive.com/order/> Watch 720 HD - SilaLive is the only Silica Supplement with both enhanced Food Grade Diatomaceous Earth and Orthosilicic Acid (Organic Silica).

Checkout the amazing health benefits of Silica on the body, and how Human Grade Diatomaceous Earth can Detox and Cleanse the body. Then the Organic Silica comes in to replenish and rejuvenate the body after a full body detox.

If you are looking to purchase SilaLive: <https://silalive.com/checkout/>

Of if you are needing more feedback please check out the reviews on our SilaLive supplement: <http://silalive.com/testimonials.php>

Bill Ryan

15th May 2016, 11:51

There was a guest on Coast to Coast years ago who said a chant called Spirit of Water. A few shows later Noory read a man's email saying his glass of water that was sitting next to the speaker was imbued with the life force of water. He had chronic joint pain and after consuming the water his pain was gone. I'm sorry that I don't recall the guest's name, but I know there's something akin to the chant in the Emerald Tablets of Thoth.

Click here: <http://imgtly.com/?q=site%3Acoasttocoastam.com+%22Spirit+of+Water%22>

—> <http://coasttocoastam.com/show/2007/01/15>

RunningDeer

15th May 2016, 12:11

There was a guest on Coast to Coast years ago who said a chant called Spirit of Water. A few shows later Noory read a man's email saying his glass of water that was sitting next to the speaker was imbued with the life force of water. He had chronic joint pain and after consuming the water his pain was gone. I'm sorry that I don't recall the guest's name, but I know there's something akin to the chant in the Emerald Tablets of Thoth.

Guessing here, also on this site it includes this video: The Mysteries of Water (<http://www.ascensionnow.co.uk/the-mysteries-of-water.html>)

Revolutionary New Discoveries about Water! - Interview with David Sereda
py4uzBDyV2U

Published on Nov 26, 2013
Amazing new discoveries about the properties of water could revolutionize our world!

Filmmaker and mystic ecologist David Sereda discussed some of the amazing properties of water-- it may actually have memory and consciousness, he said. Human beings are mostly made up of water and he suggested that restructured water could have healing properties on their bodies.

Following up on the groundbreaking work of Masaru Emoto, Sereda exposed water to the sounds of the sun, and the water crystals changed to a beatific shape. A subject drank restructured water and their blood cells showed a healthy response, and prayer/intention directed at water can beneficially alter its structure, he detailed. Such water must be drunk right away as the restructuring may be temporary, he added.

Could water itself be a kind of memory system, actually containing the Akashic Records?, Sereda pondered. He noted in addition to healing, structured water could potentially be useful in exploring nuclear fusion, reclaiming polluted areas, and developing "super sensors"-- instantaneous signals that can be sent out into the galaxy.

heather6thsense

16th May 2016, 07:44

Have been researching borax, it's pH 9.3, an eighth of a teaspoon in a litre of water daily would be beneficial. It's worth researching this to see if it feels right for your dear friend. Thank you to everyone for their insight and to you Bill for putting the strong intention out there to help and assist.

Hervé

17th May 2016, 15:38

Michael Gerber, MD, HMD
Townsend Letter (<http://www.townsendletter.com/April2016/momiracles0416.html>)
Tue, 17 May 2016 14:25 UTC

Beyond Rosacea

Several years ago I read that H. pylori can cause acne, rosacea, and a host of other diseases as well as stomach and duodenal ulcers.

<http://www.townsendletter.com/April2016/hpylori.jpg>

A spiral-shaped bacterium in the human stomach was first described over 100 years ago by Prof. W. Jaworski in Poland. It wasn't taken seriously as a pathogenic agent until 1984, when two Australian researchers, Barry Marshall and J. Robin Warren, identified it from intestinal biopsies from peptic ulcer disease patients.¹ They noted its pleomorphic aspects, which differed from patient to patient, and its ability to tolerate stomach acid by secreting urease and burying into the gastric and duodenal mucosa. They received the Nobel Prize in Physiology or Medicine in 2005.

Their work changed the treatment parameters from antacid therapy, which frequently caused relapse of the disease, to antibiotic therapy, which addressed the underlying cause of the illness. To this day, the standard allopathic treatment is the triple therapy of a proton pump inhibitor, frequently omeprazole 40 mg per day, with clarithromycin 500 mg twice per day and amoxicillin 1 g twice per day for 7 to 14 days. Diagnosis is made by carbon urea breath testing, stool antigen testing, blood antibody testing, and biopsy during endoscopic examination with a rapid urease test, histological examination, and microbial culture.

H. pylori is a widely prevalent microbe with nearly 50% of the Western world and over 80% of those living in developing countries infected. Only 15% to 20% of infected people have symptoms of peptic ulcer disease. Its prevalence is associated with socioeconomic status, water contamination, sharing of eating utensils, and food quality. The bacteria has an amazing ability to persist in infected individuals for decades and have coexisted with humans since they migrated out of Africa 60,000 years ago.²

Autoimmune Disease Associated with H. Pylori

H. pylori infection has been implicated in a variety of diseases not related to the GI tract. Skin disease association includes the following^{3,4}:

Rosacea: H. pylori can increase the level of nitrous oxide in the blood or tissue contributing to the flushing and erythema of rosacea.

Chronic urticaria: Several studies have found a link between H. pylori and chronic urticaria. It is thought that the infection increases the permeability of the intestinal lining and exposure to allergens and also produces antibodies that may increase the release of histamine in the skin.

Psoriasis: H. pylori may be one of the organisms capable of triggering the inflammatory response in psoriasis.

Sjögren's syndrome: H. pylori may induce an autoimmune reaction to the skin and glands, causing Sjögren's syndrome.

Henoch-Schonlein purpura

Alopecia areata

Sweet disease

Systemic sclerosis

Atopic dermatitis

Behçet's disease

Generalized pruritus

Nodular prurigo

Immune thrombocytopenic purpura

Lichen planus

Aphthous ulceration

It has been speculated that H. pylori infection may be responsible for various endocrine disorders, such as autoimmune thyroid diseases, diabetes mellitus, dyslipidemia, obesity, osteoporosis, and primary hyperparathyroidism.⁵

H. Pylori, Cognition, and Neurological Syndromes

Not only do H. pylori work on disrupting autoimmune regulation via cytokines, interleukins, humoral, and cell mediated reactions, they also play a powerful role in the modulation of hormones, neurotransmitters, demyelination, and blood - brain barrier disruption.⁶ This infection has been well documented to be associated with depression, schizophrenia, epilepsy, multiple sclerosis, cognitive decline, other neurological diseases, gastrointestinal motility disorders, lymphoma, and vitamin and nutrient malabsorption.

Integrative Approaches to H. Pylori Treatment

My first interest in H. pylori aside from GI issues was rosacea. With our advantage of rapid diagnosis via EAV (electroacupuncture according to Voll) and the BioMeridian computer, it made assessment and treatment response immediately available. My favorite treatment has been with Pyloricil (Orthomolecular Products) containing mastic gum (guar gum) extract 250 mg, berberine sulfate hydrate 150 mg, bismuth citrate 125 mg, and zinc carnosine 37.5 mg per capsule. Dose is 1 capsule twice per day. If it did not test well or if the H. pylori seemed to no longer be responsive, I use mastic gum/DGL from Complementary Prescriptions with deglycyrrhizinated licorice (Glycyrrhiza glabra root and rhizome extract 300 mg) with gum mastic (Pistacia lentiscus resin extract). Chew 1 to 2 wafers as needed. I usually suggest twice per day and typically see resolution or good improvement in about 1 month. There are many other herbal and alternative treatments for H. pylori from around the world.⁷

The depth of research in this infection is truly overwhelming, and I hope that the reader will have a higher index of suspicion in seeking and treating this universal hidden plague.

Michael Gerber, MD, HMD
contact@gerbermedical.com

References:

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2. Linz B et al. An African origin for the intimate association between humans and Helicobacter pylori. *Nature*. 2007;445:915 - 918.
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5. Papamichael KX, Papaioannou G, Karga H, Roussos A, Mantzaris GJ. Helicobacter pylori infection and endocrine disorders: Is there a link? *World J Gastroenterol*. 2009 Jun 14;15(22):2701 - 2707. Epub 2009 Jun 14. doi:10.3748/wjg.15.2701.
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Related

3 natural H. Pylori 'cures' that are clinically proven (<https://www.sott.net/article/295505-3-natural-H-Pylori-cures-that-are-clinically-proven>)
Antibiotics found effective in schizophrenia (<https://www.sott.net/article/300497-Antibiotics-found-effective-in-schizophrenia>)
Lyme disease is getting more virulent (<https://www.sott.net/article/304732-Lyme-disease-is-getting-more-virulent>)

If it were me, I would hit it with the Oil of Oregano. I love that stuff, works wonders quickly. People have had good results with super strength cranberry supplements in a capsule.

Either supplement should be taken, on an empty stomach about 1/2 an hour before eating anything. I would try the Oil of Oregano first and if it is too hard on the stomach switch to the

cranberry supplement. I would also recommend Slippery Elm bark. The elm bark helps soothe the mucous membranes that protect the stomach lining. Most important to remember that these should be taken on an empty stomach. Not after a full meal and I would take them 2 - 3 times a day. Again, keeping in mind that it has been at least an hour or so since you have eaten. Maybe even 3 hours or more after a large meal.

Take the Oil of Oregano and 20 minutes later drink the Slippery Elm Bark mixed in water. If you buy the slippery Elm Capsules, I would open a capsule or two and mix it in a glass of water and drink it. If you have any digestive issues past the stomach, you could also take Milk Thistle drops in water.

Hope this helps!

-jean-marie

lunafare

26th May 2016, 23:02

These two natural products are said to kill H.pylori or at the least help maintain an alkaline environment. Apologies if these have already been mentioned.

1. Raw pumpkin seeds (crunch up in mouth)
Pumpkin skin (cooked)

2. Papaya seeds
These can be eaten raw (start with one tablespoon and then increase)

or dried out
Place in oven at a low temperature until dried and then grind with a coffee-grinder/pestle.
Best to start with lower amounts, 1 tablespoon, then increase according to body-wisdom.
Best to eat before food (hour or two before hand).

Obviously every body is different and what works for one may not be effective for another...
All the best:star:

sunfruitdan

27th May 2016, 00:51

You can easily resolve this using 100% Pure Gum spirits of turpentine and very fast. If you wish to learn more information on this search up turpentine healing on Youtube for many videos.

Reference edit from Bill: see the Avalon thread about this, here:
100% Pure Gum Turpentine & Kerosene - Kill deadly Candida, leave healthy bacteria alone! (<http://projectavalon.net/forum4/showthread.php?63907-100-Pure-Gum-Turpentine-Kerosene-Kill-deadly-Candida-leave-healthy-bacteria-alone->)

conk

27th May 2016, 17:27

Have been researching borax, it's pH 9.3, an eighth of a teaspoon in a litre of water daily would be beneficial. It's worth researching this to see if it feels right for your dear friend. Thank you to everyone for their insight and to you Bill for putting the strong intention out there to help and assist.

<http://www.health-science-spirit.com/borax.htm>

Cjay

28th May 2016, 08:14

I had a duodenal ulcer and suffered intermittently for years until it became chronic. After six months of pharmaceutical medication failing to help me, a friend recommended Aloe Vera Gel. I drank about 1 fluid ounce first thing in the morning and last thing at night.

My ulcer was cured in a week. I have not had a recurrence in 35 years.

[http://4.bp.blogspot.com/-jFID58frPEk/VVTEmrfJr6I/AAAAAAAAAC24WRdWV8ppMaE/s640/The_Top_10_Reasons_To_Drink_Aloe_Vera%2B\(1\)-page-001%2B-%2BCopy.jpg](http://4.bp.blogspot.com/-jFID58frPEk/VVTEmrfJr6I/AAAAAAAAAC24WRdWV8ppMaE/s640/The_Top_10_Reasons_To_Drink_Aloe_Vera%2B(1)-page-001%2B-%2BCopy.jpg)[http://1.bp.blogspot.com/-uojrwxncg8Y/VVTEm3IWfGI/AAAAAAAAAC28FqkxYX8lukc/s640/The_Top_10_Reasons_To_Drink_Aloe_Vera%2B\(1\)-page-001.jpg](http://1.bp.blogspot.com/-uojrwxncg8Y/VVTEm3IWfGI/AAAAAAAAAC28FqkxYX8lukc/s640/The_Top_10_Reasons_To_Drink_Aloe_Vera%2B(1)-page-001.jpg)

Paul

31st May 2016, 00:12

Have been researching borax, it's pH 9.3
The pH will vary with concentration; it's not one specific value. A tiny bit of borax dissolved in distilled water will result in a solution with a pH that is still very close to neutral 7. Adding more borax will raise the pH to a more alkaline value.

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Forum. Project Avalon. General Discussion. Alternative Medicine. Helicobacter pylori - advice and remedies. I'm posting this thread to ask for advice about Helicobacter pylori (often called just H.pylori). It's a notoriously stubborn bacterial infection that can be VERY hard to get rid of, even with strong antibiotics. This isn't for me: it's for a longstanding forum member who's a close friend and who prefers to remain private. The H.pylori is defying antibiotics, and my friend is really suffering. It's been acute for over 6 months and may have been in there for years. The stomach lining is now continually bleeding, and there's a great deal of weakness and discomfort.